

Written and performed by *Elaine Gale*
Directed by *Julie Fishell*

One Good Egg



SANTA BARBARA
October 5 & 6, 2018

UNITED SOLO™ – NEW YORK CITY
October 19, 2018

It will crack you up... and crack you open!

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PRESS RELEASE
For Immediate Release
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**“ONE GOOD EGG: A Bold, Brave and Funny One Woman Show”
Opens October 5th and 6th, 2018 at 7:30 p.m. at the Live Oak Unitarian
Universalist Congregation in Goleta**

Santa Barbara, CA

“ONE GOOD EGG,” a new one-woman show written and performed by Elaine Gale, and directed by Julie Fishell, will give two performances at Live Oak Unitarian Universalist Congregation in Goleta on October 5th and 6th at 7:30 p.m. with a pre-show reception starting at 6:45 p.m. with wine and food donated by Brander Vineyards and the HoneyB.

Show tagline: “What do eggs, Wendy’s baked potatoes, kale, Mr. T., Crush the turtle, Uma Thurman, infertility, ayahuasca and frozen dog testicles have in common? Come to ONE GOOD EGG, a story of one woman’s resilience through the absurdities of loss and the twists and turns of life, and find out! It will crack you up and crack you open!”

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ONE GOOD EGG is a quirky, powerful, poignant and inspiring scavenger hunt to find home, love, family and meaning. These two preview shows will be held before the show heads to New York City as one of the over 100 shows worldwide that was selected for this year’s United Solo Theatre Festival, the largest solo show festival in the world.

“I was doing stand-up comedy in Sacramento, but I really wanted to tell a longer story and include more of the narrative arc, more of the highs and the lows,” Gale said. “I wanted to risk more emotionally for this show than I have before onstage as an artist and be more vulnerable. I hope the show helps people laugh and cry and feel more alive.”

“ONE GOOD EGG” is one-act, one-woman show written and performed by former Los Angeles Times award-winning journalist, storyteller, humorist, and communication professor, Dr. Elaine Gale, a sixth-generation Nebraskan who now resides in Santa Barbara and is an Associate Professor of Communication Studies and Journalism at California State University, Sacramento, and an Adjunct Professor in the Communication Department at Santa Barbara City College. She’s served as Writing Center Director for Antioch University’s Graduate School in Leadership and Change for the past 13 years.

“Elaine is a gem and has written a passionate nonfiction theater piece,” said director Julie Fishell, UCSB professor. “It’s an honor to work so closely with one voice on the page and on the stage. It’s such a thrill helping Elaine re-imagine and streamline her successful 2017 Santa Barbara production, winningly directed by Rod Lathim, for multiple touring venues including the United Solo Theatre Festival in New York City this fall.”

Fishell is an award-winning actor, director and teacher. She has appeared Off-Broadway, Regionally and with National and International Tours. Stages include The Public Theatre (NYC), The Lark (NYC), Manhattan Class Company (NYC) and Theatre for a New Audience (NYC), Chautauqua Theatre Company (NY) Hartford Stage (CT), The Kennedy Center (DC), Virginia Stage Company (VA), and the Moscow Art Theatre (MXAT Russia). Fishell also served as a professor at The University of North Carolina at Chapel Hill and PlayMakers Repertory Company resident company member for 20 years.

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Award-winning journalist and playwright, Elaine Gale, said she’s most interested in what is under the surface, and in what people are *not* talking about, including herself. She earned a MFA in creative nonfiction from Antioch University, Los Angeles, and was a nonfiction writer for many national newspapers and magazines in her career before she went back to school for her doctorate in Human Communication and was awarded tenure at California State University, Sacramento, where she was awarded a professional leave to tour the ONE GOOD EGG show and finish her memoir manuscript of the same name.

“The power of this script is Elaine’s vulnerability, self-awareness, and humor. I was drawn to this piece because it was so brutally honest and because she doesn’t pull any punches with herself,” said the show’s artistic advisor, Amanda McRaven, Artistic Director of Fugitive Kind in Los Angeles. “The show gives voice to a demographic who often hide their stories inside the shame our society inflicts on childfree women. For a woman to tell her story of loss and discovering true happiness without children is a fiercely feminist act and one I hope more women are able to stand up and do. We are not all mothers or wives or all *anything*. There is space for all of us if we make room.”

The show features original music by Bay Area musician, Lydia Violet, and ONE GOOD EGG was originally directed by Rod Lathim, who said the show was relatable and timely, a rollercoaster of emotions, buoyed by plenty of humor and insight: “I was attracted to this work because of its honesty, humor and ability to inspire audiences. The work deals with many issues that people face on a daily basis, but are not often discussed in public. It offers insight on how to come through challenges in life and see a silver lining.”

Santa Barbara Shows: Friday, October 5th and Saturday, October 6th, both at 7:30 p.m.

Go to www.onegoodeggshow.com for more information and to buy tickets.

General admission: \$25. (\$30 at the door). Ages 18 and up. There is no late seating due to the intimate nature of the show, thus please allow ample time to be seated before the curtain time. The 75-minute show is performed without an intermission.

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